



Protocols for STUDENTS

(Following Alameda County Department of Public Health
Guidelines) Updated January 14, 2022

My student tested positive for COVID...

- Contact the school to report the positive results.
- Your student, regardless of vaccination status, previous infection, or lack of symptoms must isolate themselves at home.
 - Stay home for 5 days (day 0 is the first day of symptoms or the day of the positive test result if they are asymptomatic).
 - Isolation can end AFTER day 5 if symptoms are resolving, the student is fever free, AND a negative antigen test is produced (an at-home antigen test or monitored antigen test with a healthcare provider is preferred). A picture of the negative test result with the student's name and date on the test must be emailed or brought in person to the school site or administrator.
 - If unable to test, choosing not to test, or their symptoms are not resolving, they must continue isolation through Day 10 and return to school on Day 11 (proof of a negative test is not required).
 - They must wear a well fitted mask around others, indoors and outdoors for a total of 10 days.

My student has a COVID symptom(s)...

- Your student, regardless of vaccination status experiencing COVID symptoms must isolate themselves at home. Please call the school to report your student's absence.
 - They may return to school when
 - Symptom(s) have improved and they are fever free for 24 hours; AND
 - They produce a negative test (at home, monitored antigen, or PCR). A copy of the negative test result with the student's name, date of birth, and test date must be emailed or brought in person to the school site or administrator.
 - If unable to test, choosing not to test, or their symptoms are not resolving, they must continue isolation through Day 10 and return to school on Day 11 (proof of a negative test is not required). (Day 0 is the first day of symptoms.)
 - They must wear a well fitted mask around others, indoors and outdoors for a total of 10 days.
 - COVID Symptoms Include:
 - Cough
 - Fever or chills
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache

- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

My unvaccinated student was exposed to someone with COVID...

- Exposure or close contact means that the student was within 6 feet for more than 15 minutes over a 24-hour period with or without a mask, indoors or outdoors, with someone who has tested positive for COVID.
- They must quarantine at home for 5 days or they may participate in modified quarantine at school (if available and if exposed at school).
- If they remain asymptomatic (meaning they have NOT had any symptoms), they may discontinue self-quarantine under the following conditions:
 - Quarantine can end after Day 10 from the date of last exposure without testing; OR
 - Quarantine can end after Day 5 if a negative antigen or PCR test (at-home or administered) is collected on or after Day 5 from the date of last exposure.
- Your school administrator will notify you if your student was exposed at school along with information on next steps.
- If any symptoms develop during this quarantine, your student must immediately isolate, get tested and contact their healthcare provider with any questions regarding their care.

My vaccinated student was exposed to someone with COVID...

- Exposure or close contact means that the student was within 6 feet for more than 15 minutes over a 24-hour period with or without a mask with someone who has tested positive for COVID.
- An asymptomatic vaccinated student does not need to quarantine following a known exposure to someone with suspected or confirmed COVID. Fully vaccinated students are recommended to be tested 3-5 days after exposure and advised by the CDC to wear a mask in public indoor settings for 14 days.
- Students are considered fully vaccinated for COVID: two weeks or more after they have received the second dose in a 2-dose series (Pfizer-BioNTech or Moderna), two weeks or more after they have received a single-dose vaccine (Johnson and Johnson [J&J]/Janssen).