

Registration Process:

1. Register on the athletics homepage or go directly to www.athleticclearance.com
2. Obtain Updated Physical, Physicals are good for one calendar year. If you have an account through Athletic Clearance your current physical information is listed there.
3. You must register for every sport you wish to participate in (example: if you played football and are trying out for basketball you must register for basketball using your same account)
4. You will receive a confirmation email once you are cleared for that sport.

Frequently Asked Questions:

Are athletes encouraged to play more than one sport?

The Department of Athletics encourages all athletes to be as involved as their schedule allows, and, yes, we encourage athletes to play on as many Livermore HS teams as they can. Our coaches are willing to meet with athletes that are interested in playing two or three sports and help an athlete plan his/her time effectively so that he/she can maximize his/her high school athletic experience.

How do I register for a sport?

Visit www.cowboysfight.com web site and click on login to the clearance website www.athleticclearance.com

Can I still play with my club team during the school year?

Yes you can, but there are some restrictions placed on all high school athletes by the California Interscholastic Federation. First, you may not play on a club team in a particular sport during that sports high school season. (You cannot play club soccer once the high school soccer season starts.)

Is there any type of offseason conditioning? (For example, your pre-season conditioning?)

Most sports offer some kind of pre-season conditioning once school starts. This conditioning may be limited to returning players in a particular sport due to facility limitations. Contact the head coach of a particular sport for more specific information. If you cannot reach the head coach, feel free to contact the Department of Athletics.

Are their cuts for teams at Livermore High School?

Most teams at Livermore High School conduct tryouts for the purpose of selecting the members of athletic teams. At the conclusion of the tryouts, there are often athletes that cannot be offered a spot on a particular team. Cutting athletes on a particular team is difficult for coaches, families, and athletes. Parents and athletes are encouraged to talk with coaches about the tryout process for a particular sport.