

# Varsity Wrestling Livermore High

2023-2024

Date	Event	Location	Time
2-Dec	Freedom Duals	Freedom High, Oakley	7:00a
9-Dec	Bay Area Invitational	Castro Valley High	7:00a
16-Dec	Bill Martell	Northgate High, Walnut Creek	7:00a
15-16	*Zinkin Classic (Elite Varsity)	Buchanan High, Clovis	7:00a
29-30 Dec	Lou Bronzan	Liberty High, Brentwood	6:30a
6-Jan	Contest of Champions	Concord High	7:00a
11-Jan	Dual @ Amador	Livermore High	7:00p
13-14 Jan	Tim Brown Memorial	Veterans Hall, Sacramento	6:30a
17-Jan	Dual vs. Dublin	Dublin High	7:00p
18-Jan	Dual @Foothill (Senior Night)	Livermore High	7:00p
20-Jan	Work Tables Barnburner	Livermore High	6:00a
19-20 Jan	*Midcals (Elite Varsity)	Gilroy High	6:30a
24-Jan	Dual vs. Granada	Granada High	7:00p
27-Jan	Hunter Diemert Memorial	Livermore High	6:30a
31-Jan	EBAL Team Championships	Valley #1 Host	5:00p
3-Feb	NCS Dual Championships	Livermore High	6:00a
10-Feb	EBAL Championships	San Ramon Valley High	9:00a
16-17 Feb	NCS Inv Championships	James Logan High, Union City	7:00a
22-24 Feb	CIF State Championships	Mechanics Bank Arena, Bakersfield	7:00a

## Head Coach:

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## Assistant Coaches:

Marc Kavanagh, Nico Lang, John Lange, Joey Silva, Alec Fraser, Ryan Hastings, Marcus Ramirez