

Social Media and the Impact on Kids and Families

Thursday, September 27, 6pm-7:30 pm.

Vineyard Alternative School

1401 Almond Avenue - Almond Room

- What are the symptoms of social media addiction?
- What and why do children conceal their usage from their parents?
- Has your child's behavior or appearance changed?
- Is your child being bullied?
- Is your child capable of suicide?

Find out the answers to these questions, along with the signs, symptoms and risk factors of media and internet addiction during the presentation. Social Media, Bullying, and Suicide presentation will be facilitated by Lynn Gardner, Youth and Family Services Program Manager of Horizons Family Counseling.

Lynn has been with Horizons for over 12 years and has a wealth of knowledge and experience in helping families deal with truancy, anger management and substance abuse issues at school sites.



To sign up for the presentation, please go to:

<https://tinyurl.com/SocMedia-Vineyard>

This event is targeted to parents of children ages 8—21, teachers, counselors, guardians and caregivers.

It is free and open to the general public as well!

Registration is suggested.

For more information about this presentation call 925-606-4722.

Visit the school's website,

<http://vineyard.schoolloop.com/>

To find out about other great events happening at Vineyard School!

